



CERTIFICATE COURSE IN BACK PAIN MANAGEMENT DAILY SCHEDULE

20TH March 2020

1.00pm- 5.00pm- Lecture of the day (Short breaks in-between for drinks)

5.00pm-6.30pm- Practice session

21ST and 22ND March 2020

7am-9am- Lecture of the day

9am-10am- Breakfast break

10am- 12pm- Lecture of the day

12pm-1pm- Practice session

1pm- 2.30pm- Lunch break

2.30pm- 4.45pm- Lecture of the day

5pm- 7pm- Practice session

Note- Course will end on 22nd at 6pm. We will also write a short assignment to ensure we have a better understanding of the course.